



Beaumaris Soccer Clubs

COVID19 - Return to Play Guidelines

JUNIORS

Edition V2.2

In guidance with...



Prior to Training



You must not attend training if in the past 14 days you:

- Have been unwell or had any flu-like symptoms
- Have been in contact with a known or suspected case of COVID-19
- Have had any respiratory symptoms (even if mild)
- Are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions

Those with even mild symptoms are strongly encouraged to get tested.

CovidSafe Hotline: 1800 020 080

Hygiene Protocols



All individuals attending training must:

- Wear a face mask when not participating in competition or a training drill
- Wash hands with hand sanitiser immediately before and after training and during scheduled breaks in training
- Not spit at any time
- Not share drink bottles and clearly label their own bottle
- Take their training bib or any other items worn/used during training, home to wash individually
- Carry hand sanitiser in order to enable good personal Hygiene
- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze and place tissues directly in bins
- Avoid the use of public toilets, however if necessary, ensure hands are washed thoroughly
- Not share pens or clip boards
- Avoid touching eyes, nose or mouth if your hands are not clean
- Shower at home before and after training
- Ensure not more than 1 person per toilet facility at any one time

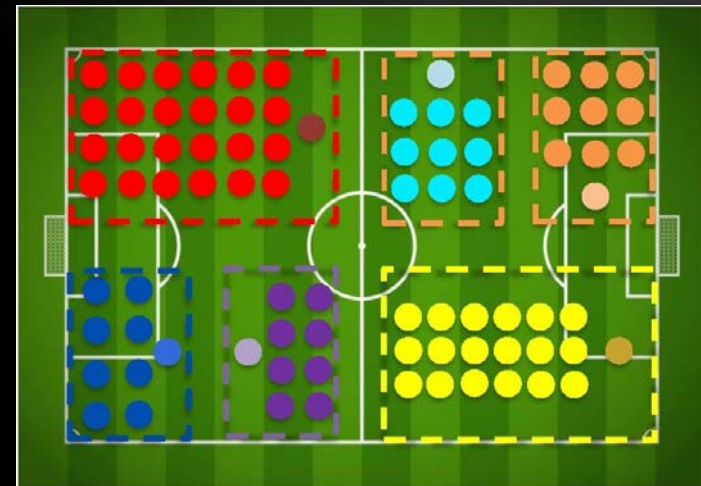


Training Protocols ZONES



When conducting training, the following conditions must be implemented:

- Training zones must be large enough to encourage social distancing where possible (although contact training is permitted) .
- Group sizes are limited to minimum number of participants this to mean normal team/age group sizes and a coach, team manager or other member assisting.
- Groups must not mix with each other and must remain constant, where participants cannot swap between groups
- If a ball from one training zone enters another training zone, players are directed to gently kick the ball back rather than pick it up and throw it
- Training zones must be clearly marked and participants and parents/guardians must be notified that they are not to move into any other zone during training



Training Protocols **PLAYER / PARENT**



When attending training, the following conditions must be observed:

- You must wear a face mask unless you are actively participating in a match or training skill
- You must not arrive more than 15 minutes prior to training commencing
- You must not congregate at the entry point
- You must arrive prepared to train – changing rooms will not be in use
- You must bring your own drink bottles clearly labelled. No sharing of drink bottles is permitted
- If reasonably practical, only one parent/guardian to take their child(ren) to training
- Parents/guardian to keep a reasonable distance from the pitch, should be in groups of no more than 10 and spread out around the ground/venue
- You must follow the hygiene protocols in this document - regular breaks will to be provided for the purpose of rehydrating and hand sanitising
- Physical distancing of 1.5 metres must be maintained
- No heading of the ball can take place during training
- Activity must be non-contact e.g. no tackling, no heading, no handshakes, high fives or similar
- Handling of equipment must be minimised e.g. no throw in's
- Sharing of equipment must be minimised
- No use of shared equipment that touches the head or face or cannot be effectively cleaned i.e. soft materials or clothing
- You must provide your details including full name, FFA number, phone number, date and time of attendance to the coach/club official for the purposes of contact tracing.
- If training bibs are used, you will be allocated a bib and you must take it home and wash it
- You must leave the venue immediately once training has concluded - no social activity is to occur

What to bring to Training



- Arrive ready to train.
- Please arrive fully dressed and ready to train with boots on.
- Do not bring a bag.
- Do not bring a ball. A sanitised ball will be provided to you by your Coach.
- Do bring a full water bottle that is clearly labelled with your name on it. You should not share your water bottle with other players.
- Social distancing must be maintained. Players, parents and staff should remain 1.5m away from each other at all times. No handshaking, elbow taps or any physical contact of any kind unless deemed medically necessary



Arrival at Training



- Once you have received your training schedule, please note the pitch your team has been allocated and the pitch entry point
- Please check the Training Venue map at the bottom of this document and familiarise yourself with the pitch applicable to your team and the entry and exit points
- Arrive at the pitch no earlier than 10 mins prior to your start-time on-field. - Players waiting for the session to start must maintaining 1.5m from other players and staff
- On entry to pitch hands must be sanitised
- Provide your details for the Record of Attendance
- Once your session has finished please leave via the Exit sign, sanitise your hands and do not interact with any arriving players.

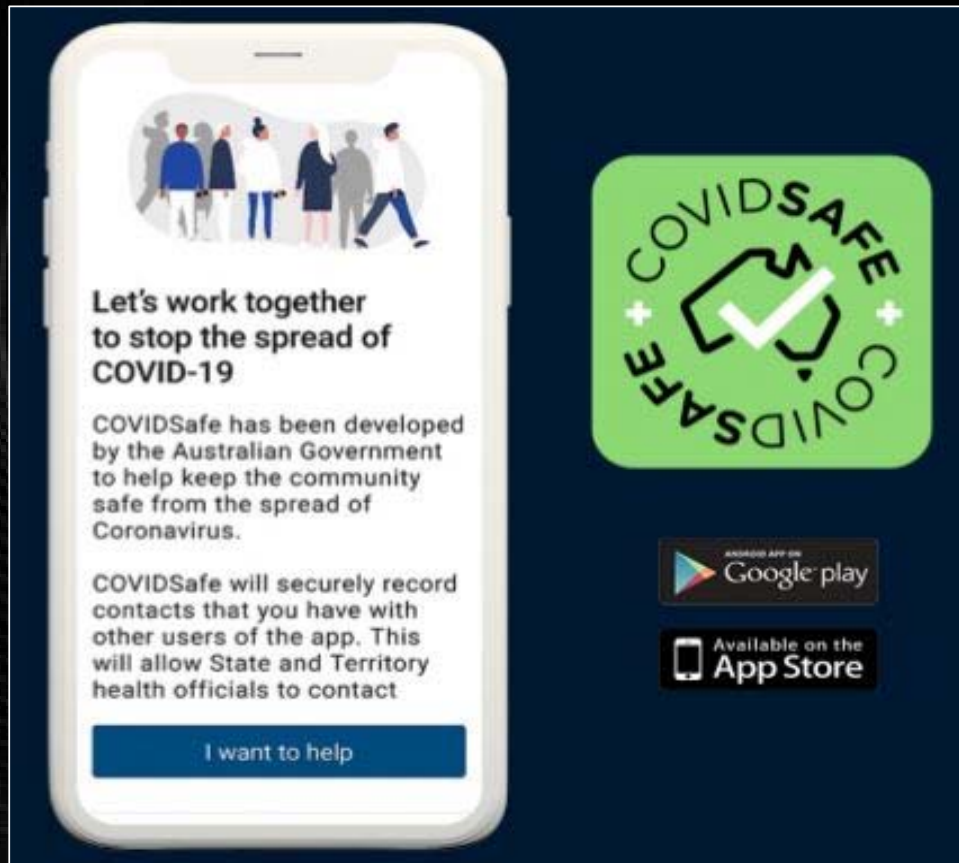


Club Roles & Responsibilities



Task/Requirement	Who is responsible	Actions
Training group size	Coach	Coach to coordinate
Social distancing/training protocols (on field of play)	Coach	Grounds coordinator will ensure pitch is clearly marked (using cones) accordingly
Social distancing (spectators / support staff)	Team Manager	Permitted spectators should be in groups of no more than 10 and spread out around the ground/venue.
Training session format (non-contact)	Coach	In accordance with FV guidelines understood by coaches
Sanitisation of equipment	Equipment Manager	Balls & cones to be washed before & after each session
Use of change rooms / clubrooms	Team Manager	Closed & off limits
Public toilet requirement	Team Manager	Ensure only one person per time allowed to visit
Hand hygiene	Equipment Manager	Club to provide hand sanitiser to all sessions & encourage its use by all attendees
Player registration / attendance log	Team Manager	Only registered players allowed to attend & attendance log maintained
Facility sanitisation	Equipment Manager	Upon commencement & completion of session door handles, fence entry & bench seating to be cleaned
Signage	Grounds coordinator	Relevant signage to be displayed prominently (see template examples from FV)
Individual player equipment	Players	Players will be responsible for cleaning & maintaining their own training clothing & training bibs
Staggered training schedule	Grounds coordinator	To ensure suitable time allowed for groups to exit training before next group arrives. Players not to report to training until 10mins before start and to leave no more than 5mins after training.
COVIDSafe App	Registrar	All members are encouraged to download the app
Training Schedule	Grounds coordinator	Intended staggering of return to training - senior men / women first as more immediately controllable. Junior teams to follow once all members, coaches & support staff have been inducted to the new protocols

COVIDSafe APP



To aid the fight against COVID-19, Football Victoria supports the COVIDSafeapp and strongly encourages the football community to get behind this initiative.

It represents our best chance to get back to football quickly.

Download from the Apple App store and Google Play.

Training Maps

Beaumaris Secondary College

117-135 Reserve Road,
Beaumaris VIC 3193



Beaumaris Reserve

96 Reserve Road,
Beaumaris VIC 3193



Any questions, please contact Maxine on E: grounds@beaumarissc.com.au

Club Representatives



We welcome you all back to training and hope you ready for the 2021 season restart.

We expect all players, families and club members abide by the guidelines above to ensure the health and safety of all our members.

BSC Committee has the right to enforce any appropriate action if guidelines are not being followed.

#LIVELOVEFOOTBALL

COVID Safety Officer - GERT GRATZ M: 0438 722 775 E: covid19@beaumarissc.com.au